2026 Hyack Brad Reid Memorial Invitational

November 13-15, 2026
City Centre Aquatic Complex
1210 Pinetree Way, Coquitlam, BC
604-927-6999
Sanctioned by Swim BC: 69082

	Preliminaries			Finals		
Date	Warm-ups	Heats	Finish*	Warm-ups	Finals	Finish*
Nov 13	7:15-8:25am	8:30am	2:00pm	4:00-5:00pm	5:15pm	8pm
Nov 14				11:15-12:25pm	12:30pm	5:30pm
Nov 15	7:15-8:25am	8:30am	2:00pm	4:00-5:00pm	5:15pm	8pm

*Finish times are estimates until entries are finalized. Updated times will be provided just prior to the meet.

Pool and Facilities
Hyack would like to acknowledge that the land on which we gather is the traditional, ancestral, unceded territory of the Kwikwetlem First Nation. One eight lane, 25 metre competition pool with Colorado timing system interfaced with Hy-tek Meet Manager, and 8-lane scoreboard.There will be 4 lanes next to the competition pool available for warm-up/down throughout sessions. There **may be** a very limited number of spectators that will be allowed as there is little deck space beyond the swimmers in the meet. Notice of this will be made closer to the meet. Food concession will be available on site. Food will be provided for the coaches and volunteers only.

Eligibility
This is a closed invitational swim meet for invited teams only. If your team would like to join the meet and did not receive an invitation, you can contact the Hyack Director of Swimming.

Meet Entry Requirement:
Swimmers must have achieved the qualifying times for ALL events for which they enter. Swimmers must be registered with Swim BC or other World Aquatics affiliate. **NT entries will not be accepted.** Meet management reserves the right to challenge any entry time prior to or during the competition. It is the responsibility of the club to prove any entry times if requested.

Para-swimmers are welcome. IPC athletes' classification must be designated with entries. Age group is based on swimmers age on 1st day of meet.

General Information
All SNC, Swim BC and LMR rules and sanctions apply. Swim BC warm-up procedures will be in effect. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 (from deep end only). In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 (from the deep end).

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.5.2. The "misconduct" shall include but is not limited to (C.2.5.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

Coaches are reminded that once competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are not permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear if permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others. Deck changes are explicitly prohibited. Due to the pool being partially open to public, the washrooms/change rooms at the pool cannot be designated separately for swimmers and adults. However, all adult volunteers, coaches and officials will be asked to use the lobby washrooms during the meet.

This competition can provide the following accommodations for swimmers who are D/deaf or Hard of hearing:

1. Non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as 'support staff'
2. Visual hand signals given by the starter/referee

Clubs must connect with Meet Management prior to the competition to discuss accommodations.

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

In order to maintain reasonable session lengths, meet management reserves the right to limit Friday's entries to a maximum of two of the following events: 400 Free, 200 Fly, 200 Back; Sunday's entries may be limited to a maximum of two of the following events: 400 IM, 200 Breast, and 200 Free. Should meet management require limiting of these events, swimmers will be welcome to enter the other events offered on each day.

During events only one (1) swimmer per lane is permitted.

Age Groups

Individual Events; 11 and under, 12 to 13, 14 to 15, 16 and over.
Relays: 12 and under, 13-14, 15 and over

Qualifying Times

Swimmers must have achieved the following 200m and 400m times to enter the respective events.

200	Free	3:00
200	Back	3:10
200	Breast	3:20
200	Fly	3:10
200	IM	3:10
400	Free	6:00
400	IM	6:30
800/1500	Free	12:30/22:00

Finals

A final only for 11&U in all events. B final will be offered to 12-13, 14-15, 16&O in events with more than 24 entries for the 50 free and all 100 and 200 events.

Timed Finals Events

200 IM and all 50m events (Fly, Back, Breast) except for 50m Free will be swum as timed finals during the Saturday session. These will be seeded slowest to fastest with the top 8 entry times of each age group being grouped together as a "final" in the last 4 heats of each event.

400 Free and 400 IM will be swum in the preliminary session as time final events. Meet management reserves the right to limit entries to preserve the timeline for the day. The top heat of each age group and gender for 400 Free and 400 IM will swim slowest to fastest as a "final" and the remaining heats will be swum as overflow at the end of the preliminary session fastest to slowest.

800/1500 Free will be swum in the Saturday session as time final events. Meet management reserves the right to limit entries to preserve the timeline for the day. The top 4 girl seeds of each age group will swim as a "final" in two heats for the 800 free followed by 2 heats for the boys. The same will then follow for the 1500 free. Overflow heats may be permitted swum fastest to slowest at the end of the session.

All other events will be senior seeded in preliminaries by gender, with heats for finals broken into age groups and genders.

Positive Check Ins

400m Free – must be received by meet manager by email by 6pm Thursday November 12th
800/1500m – 6pm Friday November 13th
400m IM – 4pm Saturday November 14th

Entry Info

Entries will be limited to 350 swimmers to preserve reasonable session lengths. Teams will be notified if entries cannot be accepted.
All relays will be swum as timed finals during the finals sessions, and will be the first event during finals. There are no limits to number of events a single swimmer can enter.

All times must be entered in SCM.

Entries must be submitted through the Swimming Canada online system. Emailed entry files will not be accepted.

All meet payments must be received no later than start of preliminaries on November 13th, 2026. Please make cheques payable to: Hyack Swim Club.

Entries must be received by **November 5th, 2026**. Early scratch deadline is **November 9th, 2026**. Refunds will not be issued after the early scratch deadline without a medical certificate.

10 &U swimmers are limited to 4 hours of competition time per session.

Entry Fee: $100.00 which includes the $6.00 Swim BC Competition Surcharge. For swimmers entering one day only entry fee is $50.

Relays are at no cost. Relay entry forms must be received by 12:00pm the same day of the relay events.

Deck Entry: will be permitted to fill empty lanes; no new heats to be created. Deck entry fee of $20.00 per swim must be paid at entry, exhibition only. Deck entries for swimmers not already in the meet must be accompanied by proof of current registration, including name

spelling as it appears in the SNC registration system, date of birth and the 9-digit SNC registration number.

A limited number of Hyack swimmers may enter the meet below qualifying standards.

Scratch Procedures: Scratches received prior to Nov 9, 2026 will not incur Meet Fees. There is no scratch penalty for no-shows, step downs and unexcused and/or incomplete swims during prelims and/or time finals.

The following rules apply for all finalists (A and B) plus alternates as listed on the official prelims results:

1. For all final sessions, no-shows, step downs and unexcused incomplete swims will be "late scratches" and subject to the late scratch penalty of $20. Fines are to be paid immediately. The swimmer and/or relay swimmers in question shall not swim subsequent events until the fine is paid
2. For finals, the scratch deadline will be 30 minutes following the completion of the preliminary events (excluding time final events).
3. For finals, email scratches will not be accepted.

Scoring and Awards

Scoring will be awarded points for top 8 places 10,8,6,5,4,3,2,1.

Cash prizes ($80, $50, $20) for each age group and gender will be awarded based on the cumulative total of the swimmers' five highest point events. Cheques will be mailed to teams after the meet.

Prizes: There will be "bell ringer" prizes.

Contacts

Meet Manager: Scott Tancon
hyackmeetmanager@gmail.com
Entries Coordinator: Lulu Kwan
hyackmeetmanager@gmail.com
Director of Swimming: Andrew Lennstrom, 604-506-6729, lennstrom@hyack.com
Meet Referee: Bob Janowicz, bob@janowicz.ca
Director of Officials: Min Yang
ericyang8@gmail.com

Officials
All LMR clubs may be asked to provide timers for the 800 Free and 1500 free events. Distance Swimmers without two timers will not receive a time.

It is the visiting club's and/or parents' responsibility to ensure that their swimmers are supervised during all breaks between heats and finals.

Event Order

Friday Prelims

Women		Men
1	100 Free	2
3	200 Fly	4
5	100 Breast	6
7	200 Back	8
9	400 Free Timed Final	10
	Fastest heat each age group. Girls then Boys Then Sr seeded fastest to slowest in overflow heats alternating girls/boys	

Friday Finals

Women		Men
201,301, 401	200 Free Relay (Swum first in Finals)	202,302, 402
1	100 Free	2
3	200 Fly	4
5	100 Breast	6
7	200 Back	8

Saturday

Women		Men
11	50 Fly (TF)	12
13	50 Back (TF)	14
15	50 Breast (TF)	16
17	200 IM(TF)	18
19	800 Free(TF)	20
21	1500 Free (TF)	22
119	800 Free Overflow	120
121	1500 Free Overflow	122

Sunday Prelims

Women		Men
23	200 Breast	24
25	50 Free	26
27	100 Fly	28
29	200 Free	30
31	100 Back	32
33	400 I.M. Timed Final Fastest heat each age group Girls then Boys. Then Sr seeded fastest to slowest in overflow heats alternating girls/boys	34

Sunday Finals

Women		Men
203,303, 403	200 Medley Relay (Swum first in Finals)	204,304, 404
23	200 Breast	24
25	50 Free	26
27	100 Fly	28
29	200 Free	30
31	100 Back	32

COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and officials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

Hyack Swim Club
65 East 6th Avenue New Westminster, BC, V3L 4G6
Valuing the Pursuit of Competitive Excellence

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official, whenever possible.

Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:
"SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."